CASH-VALUE VOUCHER

1 – Approved Food Items for this Voucher

2 – Not to Exceed Amount for this Voucher

3 – First Day to Use

4 – Last Day to Use

5 – Vendor Must Deposit by Date

6 – Sign Here at Time of Purchase (Authorized Representative/Alternate Authorized Representative/Proxy)

If you buy more than the value of the voucher, you may pay the difference with any other form of payment.

Use this Cash-Value Voucher (CVV) Brochure, your WIC ID Folder and your CVV to help you correctly select authorized foods on the CVV.

Do not forget to use your CVV between the first and last day to use. Also, do not forget to sign your CVV checks **AFTER** the cashier fills in the correct total dollar amount.

H5499

NEW JERSEY WIC PROGRAM CASH-VALUE VOUCHER

Use Cash-Value Voucher (CVV) to buy fresh, canned and frozen fruits and vegetables at WIC approved grocery stores

OR

to buy fresh fruits and fresh vegetables from certified farmers

EFFECTIVE DATE: JULY 1, 2015

NJ Health
New Jersey Department of Health

New Jersey WIC
Women, Infants & Children
Every Child Deserves a Healthy Start

USDA IS AN EQUAL OPPORTUNITY PROVIDER AND EMPLOYER

ACCEPTABLE CASH-VALUE VOUCHER FOOD LIST – NO DRIED FRUITS AND VEGETABLES

FRESH FRUITS AND VEGETABLES

ALLOWED:

- Any variety of fresh whole or cut fruits and vegetables
- Plain salad mixes, coleslaw, and greens in a bag
- Plain fruit or plain vegetables in any container
- Fruits and vegetables do not have to be locally grown
- Fresh potatoes

NOT ALLOWED:

- Items from the salad bar, party platters or trays, fruit baskets, decorative vegetables and fruits, dried fruit, dried vegetables, herbs and spices
- Nuts, including peanuts, fruit-nut mixtures
- Bagged fruits and vegetables with dips, dressings or other ingredients
- Herbs

POTATO PRODUCTS

ALLOWED:

- Any brand
- Fresh, frozen and canned
- Any package type (bag, box)
- Includes all shelf-stable containers or pouches
- Any size (except single serving packages)
- With or without salt

NOT ALLOWED:

- Products with added sugars, seasonings, fats, oils or condiments
- Products with sauces, like cheese sauce or any other type of sauce
- Seasoned, flavored or breaded
- Single serving packages
- Prepared or frozen tater tots
- Prepared or frozen french fries
- Dehydrated or prepared mashed potatoes

CANNED VEGETABLES

ALLOWED:

- Any brand
- Any plain vegetables or plain mixed vegetables
- Includes all shelf-stable containers or pouches
- Any size (except single serving packages)
- Regular or low sodium
- Pastes, purees, whole, crushed tomatoes

NOT ALLOWED:

- Sauerkraut
- Pickles or creamed vegetables (including corn)
- Baked beans, pork and beans, black beans, black-eyed peas, garbanzo beans, kidney beans, lima beans, pinto beans, navy beans, soybeans, split peas, lentils, or other mature legumes
- Soups, ketchup, relish, olives
- Products with added sugar, fats, oils, or condiments
- Soups, sauces (pizza, spaghetti or tomato), stewed tomatoes, diced tomatoes, salsa
- Single serving packages

CANNED FRUIT

ALLOWED:

- Any brand packed in water or juice
- Any plain fruit or plain mixed fruit
- Fruit cocktail packed in 100% juice or water only
- Includes all shelf-stable containers or pouches
- Any size (except single serving packages)
- Fruit must be listed as the first ingredient
- Applesauce, unsweetened

NOT ALLOWED:

- Products packed in syrup (heavy, light, naturallly light, extra light, etc.)
- Products with added sugar, fats, or oils
- Single serving packages
- Added cinnamon

FROZEN VEGETABLES

ALLOWED:

- Any brand
- Any plain vegetables or plain mixed vegetables
- Plain mashed potatoes
- Any package type (bag, box)
- Any size (except single serving packages)
- With or without salt

NOT ALLOWED:

- Vegetables with sauces, like cheese sauce or any other type of sauce
- Seasoned, flavored or breaded
- Products with added sugar, fats, oils or condiments
- Vegetables mixed with pasta, rice, or any other ingredient
- Single serving packages

FROZEN FRUIT

ALLOWED:

- Any brand with no added sugar
- Any plain fruit or plain fruit mixture
- Any package type (bag, box)
- Any size (except single serving packages)

NOT ALLOWED:

- Products packed in syrup (heavy, light, naturallly light, extra light, etc.)
- Products with added sugar, salt, fats, or oils
- Single serving packages

CALL YOUR LOCAL WIC OFFICE IF YOU HAVE ANY QUESTIONS OR CONCERNS