



On Tuesday, March 24, 2009, The American Diabetes Association will once again "sound the alert" about diabetes on what will be the 21st Annual American Diabetes Alert Day. American Diabetes Alert Day is a one-day "wake up call" to inform the American public about the seriousness of type 2 diabetes, particularly when diabetes is left undiagnosed or untreated.

American Diabetes Alert Day encourages people who are at risk for developing type 2 diabetes to take the American Diabetes Risk Test by calling 1-800-DIABETES or visiting www.diabetes.org/alert. The Diabetes Risk Test requires users to answer simple questions about weight, age, family history and other potential risks for pre-diabetes or type 2 diabetes. The Diabetes Risk Test shows users whether they are at low, moderate, or high risk for diabetes. If they are at high risk, they are encouraged to schedule an appointment with their healthcare provider.