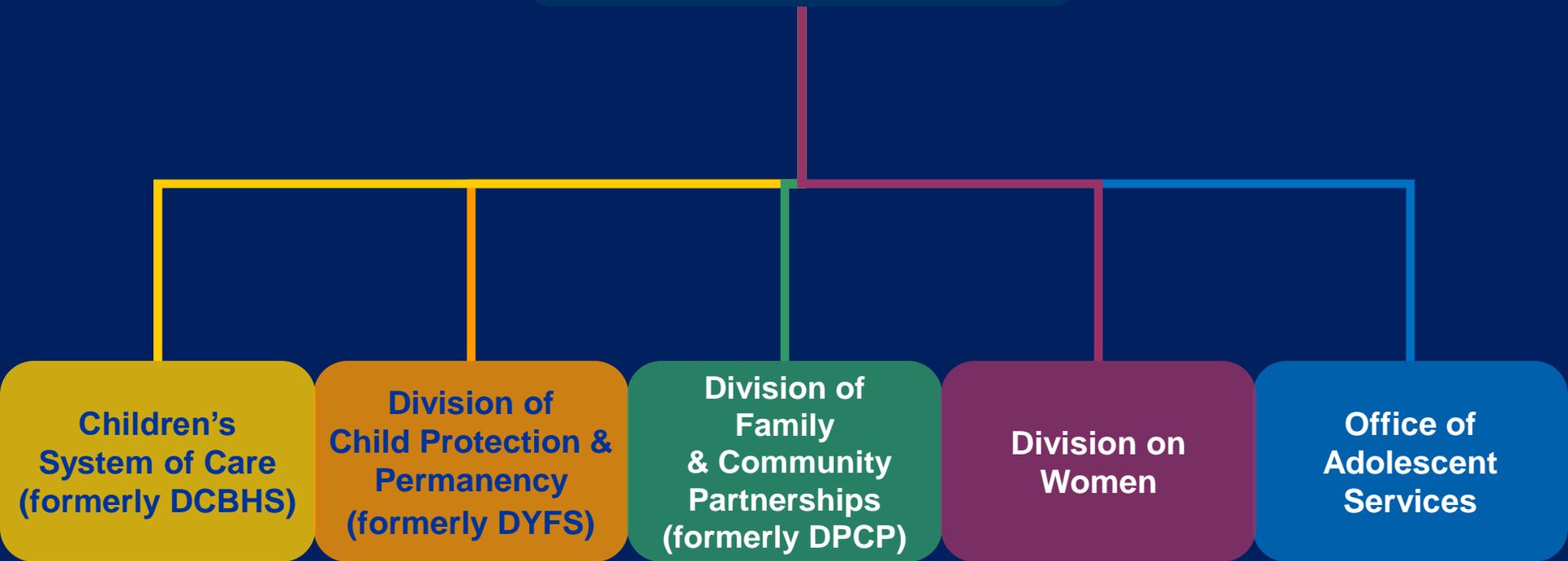


# Children's System of Care

**Presented by  
Peter Mancusi  
Assistant Director**

# New Jersey Department of Children and Families

Commissioner



# Children's System of Care Objectives

*To help youth succeed...*



## At Home

Successfully living with their families and reducing the need for out-of-home treatment settings.



## In School

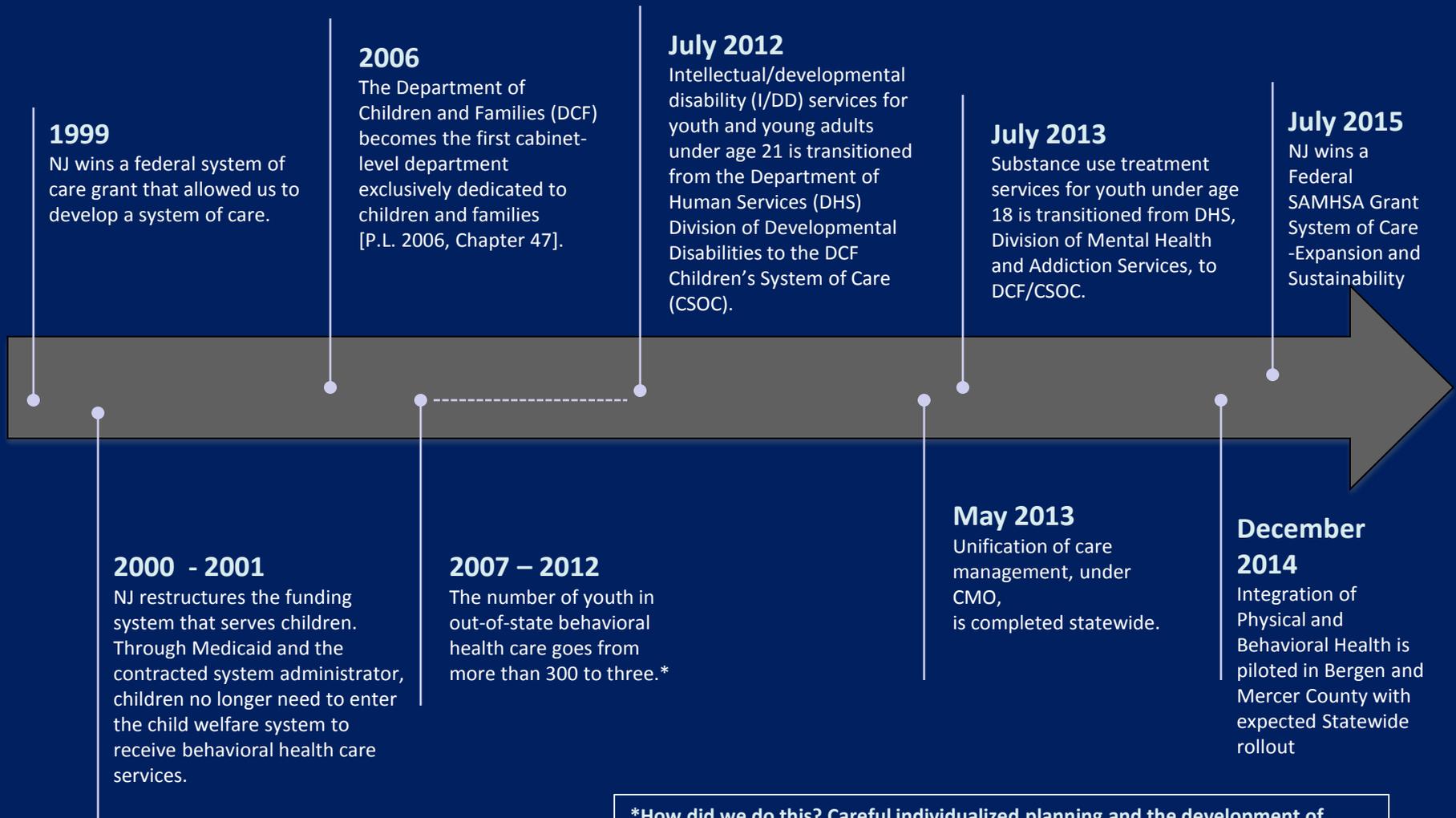
Successfully attending the least restrictive and most appropriate school setting close to home.



## In the Community

Successfully participating in the community and becoming independent, productive and law-abiding citizens.

# Children's System of Care History



\*How did we do this? Careful individualized planning and the development of in-state options (based on research about what kids need) using resources that were previously going out of state.

# Summary of Children's Initiative Concept Paper

In summary, the Children's Initiative concept operates on the following abiding principles:

- The system for delivering care to children must be restructured and expanded
- There should be a single point of entry and a common screening tool for all troubled children
- Greater emphasis must be placed on providing services to children in the most natural setting, at home or in their communities, if possible
- Families must play a more active role in planning for their children
- Non-risk-based care and utilization management methodologies must be used to coordinate financing and delivery of services

# Children's System of Care Values and Principles

## Child Centered & Family Driven Community Based Culturally Competent

Strength Based

Unconditional Care

Promoting Independence

Family Involvement

Collaborative

Cost Effective

Comprehensive

Individualized

Home, School &  
Community Based

Team Based

## Language Is Important



# Language Is Important

## Language of CSOC

- Children, youth, young adult
- Parents, caregivers
- Treatment
- Engagement
- Transition
- Missing
- Therapeutic leave

## Not the Language of CSOC

- Clients, Case, Consumer
- Mom and Dad
- Placement
- Motivated
- Close, Terminate
- Runaway
- Home visits

# Key System Components

## Contracted System Administrator

- PerformCare is the single portal for access to care available 24/7/365

## Care Management Organization

- Utilizes a wraparound model to serve youth and families with complex needs

## Mobile Response & Stabilization Services

- Crisis response and planning available 24/7/365

## Family Support Organization

- Family-led support and advocacy for parents/caregivers and youth

# Key System Components

## Intensive In-Community

- Flexible, multi-purpose, in-home/community clinical support for parents/caregivers and youth with behavioral and emotional disturbances who are receiving care management, MRSS, or out-of-home services

## Out of Home

- Full continuum of treatment services based on clinical need

## DD-IH and Family Support Services

- Supports, services, resources, and other assistance designed to maintain and enhance the quality of life of a young person with intellectual/developmental disability and his or her family, including respite services and assistive technology

## Substance Use Treatment Services

- Outpatient, out of home, detox treatment services (limited), co-occurring services

## Traditional Services

- Partial Care, Partial Hospitalization, Inpatient, and Outpatient services

## Children's Interagency Coordinating Council CIACC

- Local Planning Process
- CIACC Data Dashboard
- Education Partnerships
- SAMHSA Grant

# SAMSHA Grant

- Six Core Strategies to end the reliance on restraint and seclusion
- Nurtured Heart Approach
- Youth Partnership
- Return on Investment

## Promising Path to Success Rollout- 5 Phases in 4 Years

### Phase 1

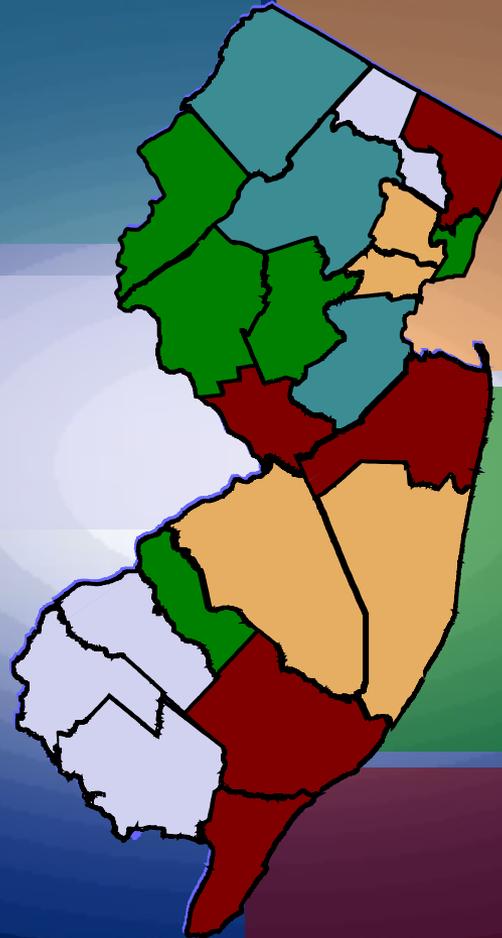
November 2015

- Morris and Sussex
- Middlesex

### Phase 2

October 2016

- Cumberland, Gloucester, Salem
- Passaic



### Phase 3

June 2017

- Burlington
- Essex
- Ocean
- Union

### Phase 4

March 2018

- Hunterdon, Somerset, Warren
- Hudson
- Camden

### Phase 5

December 2018

- Atlantic and Cape May
- Bergen
- Monmouth
- Mercer

# Child Family Team

## Child Family Team (CFT)

A team of family members, professionals, and significant community residents identified by the family and organized by the care management organization to design and oversee implementation of the Individual Service Plan.

CFT members should include, but are not limited to, the following individuals:

- Child/Youth/Young Adult
- Parent(s)/Legal Guardian
- Care Management Organization
- Natural supports as identified and selected by youth and family
- Treating Providers (in-home, out-of-home, etc.)
- Educational Professionals
- Probation Officer (if applicable)
- Child Protection & Permanency (CP&P)  
(if applicable)



# OOH Intensities of Service (IOS)\*



## Behavioral Health:

- Intensive Residential Treatment Services (IRTS)
- Psych Community Homes (PCH)
- Specialty Beds (SPEC)
- Residential Treatment Centers (RTC)
- Group Homes (GH)
- Treatment Homes (TH)

## Intellectual/Developmental Disabilities\*\*:

- Special Skills Home (SSH)
- GH-1 IDD (Group Home-Level 1)
- GH-2 IDD (Group Home Level 2)
- SPEC-IDD (Specialty IDD)
- PCH-IDD (Psych Comm Home-IDD)
- IPCH-IDD (Intensive Psych Comm Home-IDD)

- \*Intensities of Service (IOS): Levels of OOH treatment based on *intensity, frequency, and duration* of treatment.
- \*\*IDD OOH Clinical Criteria is still in development.

# Developmental/Intellectual Disabilities

- Eligibility Process
  - Electronic Application
- Family Support Service
  - Fair and Equitable process through Family Support Application Process
  - Data now included in CIACC Data Dashboard
- Summer Camp
  - RFQ for Summer Camp and One to One
  - Electronic Application in process

# Intellectual / Developmental Disabilities

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## Eligibility & Services

### Eligibility

- For individuals ***under age 18***, eligibility is determined by **CSOC**
  - Application materials for individuals under 18 available on PerformCare website ([www.performcarenj.org](http://www.performcarenj.org))
- For individuals ***age 18 and older***, eligibility is determined by **DDD**
  - Application materials for individuals 18 and older available on DDD website ([www.state.nj.us/humanservices/ddd/services/apply/application.html](http://www.state.nj.us/humanservices/ddd/services/apply/application.html))

## CSOC Substance Use Treatment Services

---

### Available Services:

- *Assessment*
- *Outpatient (OP)*
- *Intensive Outpatient (IOP)*
- *Partial Care (PC)*
- *Long-Term Residential (LT-RTC)\**
- *Short-Term Residential (ST-RTC)\**
- *Detoxification*

*All service authorizations are based on clinical justification.*

**\*Qualifies for co-occurring enhancement services**

# Behavioral Health Homes

- The Children's Behavioral Health Home (BHH) will become a part of the state's larger Children's System of Care (CSOC), and
  - Will be managed by the Contracted Systems Administrator (CSA), PerformCare
- Each BHH will be a designated Care Management Organization (CMO)
  - NJ will enhance the current care management teams to include medical expertise and health/wellness education for purposes of providing fully integrated and coordinated care for children who have chronic medical conditions

# Behavioral Health Homes

Chronic medical conditions include:

- asthma
- diabetes
- obesity (BMI at or above 85<sup>th</sup> percentile for under 20)
- eating disorder
- certain developmental disabilities\*
- substance use
- cystic fibrosis
- sickle cell
- kidney disease
- hypertension
- seizure disorder

*\*Organic, medical cause of developmental disability that requires care*



**For more information...**

**Children's System of Care**

**<http://www.state.nj.us/dcf/families/csc/>**

**PerformCare Member Services:**

**877-652-7624**

**[www.performcarenj.org](http://www.performcarenj.org)**

# Welcome to the Infant Child Health Committee (ICHC)

of the NJ Council for Young Children (NJ CYC)

Wednesday, June 15, 2016, 9:00am - 12:30pm

***Ericka Dickerson, LSW, Chair***

*ECCS/Help Me Grow Coordinator*

*Dept. of Children and Families-Family and Community Partnerships*

*Office of Early Childhood Services*

***Sunday Gustin, RN, MPH, Co-Chair***

*Administrator of the Office of Early Childhood Services*

*Dept. of Children and Families, Family and Community Partnerships*

# ICHC Agenda:

- 9:00am      Networking and Refreshments
- 9:30am      Welcome and Introductions
- 9:45am      ICHC Chair Updates
- 10:00am     Children's System of Care Presentation
- 10:45am     Special Recognition
- 11:15am     Break/Networking/Review Resource Table  
and/or Partner Update Handouts
- 11:30 am     ICHC Workgroup Updates
- 11:50am     Learn the Signs. Act Early. Update
- 12:00am     Early Childhood Networking
- 12:20pm     Additional Partner Updates
- 12:30pm     Meeting Adjourned

# ICHC: Purpose and Priorities

- **Infant-Child Health Committee**

**Purpose:** To make recommendations that support the alignment of health and wellness systems for pregnant women, young children and their families.

**Priority Areas:**

Health & Wellness

Infant Mental Health

Children with Special Needs

*\*Please note ICHC Priorities are aligned with the priorities of Early Childhood Comprehensive Systems, Help Me Grow NJ & NJ Project LAUNCH grants.*

# NJ CYC Home Page

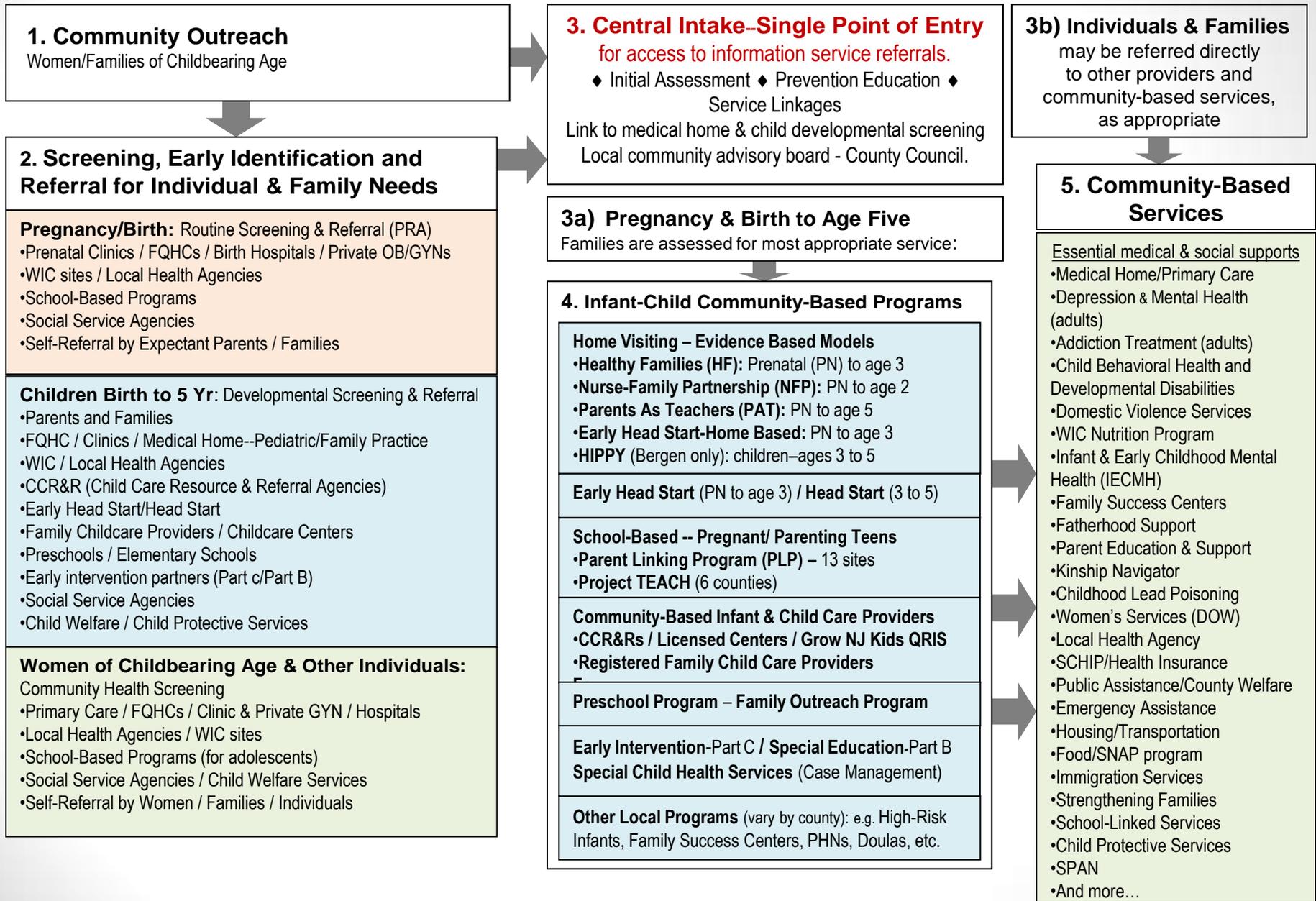
- For more details about the NJ CYC and the sub-committees, go to:

<http://www.state.nj.us/education/ece/njcy/>

The screenshot shows the NJ Department of Education website. At the top, there is a navigation bar with the state seal, "STATE OF NEW JERSEY DEPARTMENT OF EDUCATION", and "Governor Chris Christie • Lt. Governor Kim Guadagno". Below this are links for "NJ Home", "Services A to Z", "Departments/Agencies", and "FAQs". A search bar contains "NJ DOE". A secondary navigation bar includes "NJDOE Home", "Families", "Students", "Educators", and "Community". On the left, a sidebar menu lists "Council", "Committees & Workgroup", "Strategic Plan", "2012", "FAQ", and "New Resources". The main content area is titled "Council for Young Children »DECE Home". Below the title is a paragraph: "The New Jersey Council for Young Children was created by Executive Order in 2010 to serve as the Governor's state advisory council for early care and education as authorized in the *Improving Head Start for School Readiness Act of 2007*." Two promotional graphics for "New Jersey Birth to Three Early Learning Standards" are displayed, one in English and one in Spanish. Each graphic features a collage of photos of children and the year "2013".

# New Jersey Prevention System of Care

## Life course and Early Childhood Comprehensive Systems (ECCS) Model



# Children's System of Care Presentation

Peter Mancusi & Edna Pomerink

# Special Recognition

Thank You Sunday for  
Leading the Way!

*Do not go where the path may lead, go instead  
where there is no path and leave a trail.*

*-Ralph Emerson*

# Break

Networking

Review Resource Table

Partner Updates & Handouts

# Physicians/Health Providers Workgroup

- **Purpose:** This workgroup is advisory. It builds relationships with Physician/Health Providers, gathers feedback on procedures, policies and initiatives, linking with the medical home. (eg. *Home Visiting developmental screening policy, central intake and medical home linkages*)
- **Current focus:** Developmental screening module feasibility study
- **Current Status:** **Feasibility report is in the process of final edits - Present report findings to the group September 2016.**
- **Meetings:** Scheduled as needed
- **Partners Participating:** AAP-NJ, Pediatric Providers, DOH, DOE, DHS, DCF, EI, RPHS, HV, SCHS, SPAN, HS/EHS, etc;

# Linking Protocol Workgroup

- **Purpose:** This workgroup explores and supports processes that strengthen linkages, with home visiting, medical home, Early Intervention, early childcare, etc; a subcommittee of the Physician/Health Provider workgroup.
- **Current Focus:** IDEA Guidance for routines in early care settings
- **Current Status:** **Completed the EI section, now working on Part B and finalizing resources. To be complete no later than September 2016.**
- **Parent Participation:** Yes
- **Meetings:** Monthly to Bi-monthly as scheduled.
- **Partners Participating:** EI, Preschool Special Ed., SPAN, Child Care, MAPS to Inclusive Care, Home Visiting, HS/EHS, EC consultant, Child Care Licensing, etc;

# Central Phone Line Workgroup

- **Purpose:** This workgroup provides feedback and advisement regarding procedures and processes being developed for the establishment of the early childhood central phone line (Help Me Grow).
- **Current Focus:** Central Phone Line implementation
- **Current Status:** **Successfully implemented 1<sup>st</sup> phase of launch – pregnant women**
- **Parent Participation:** Welcomed
- **Meetings:** Bi-monthly, scheduled as needed upon successful planning and implementation of the HMG Central Phone Line.
- **Partners Participating:** DCF, DOH, DOE, DHS, HV, CI, CHW, EI, SPAN, FHL, PA, NJ 2-1-1, NJ Parent Link, etc;

# Central Phone Line Update

- **HMG/NJ 2-1-1 to Central Intake alignment** – statewide early childhood (EC) phone line, connecting families to local central intake hubs in all 21 counties, local level EC connections.

## **Implementation plan successfully developed and executed**

- **HMG/NJ 2-1-1 “Phased In” Launch: Began May 2, 2016**
  - Phase 1: Pregnant Women - **May 2, 2016**
  - Phase 2: Children Birth to age 3 years old (**July 2016**)
  - Phase 3: Children Birth to 3 years old with Developmental Concerns- ASQ Family Access Link - (**October 2016**)

## **Trainings Completed:**

- April 6, 2016 - Central Intake Specialists
- April 14, 2016 - Help Me Grow Specialists

# Central Phone Line Update continued....

- **Follow-up TA Conference Call: May 17, 2016**
- **Number of Calls as of June 2, 2016: 46**
- **County Central Intakes that have received referrals:**
  - Atlantic, Bergen, Burlington, Cumberland, Camden, Essex, Hudson, Middlesex, Monmouth, Ocean, Passaic
- **Common referral needs/services provided:**
  - Primary care for self, children, public benefits, CHW assistance connecting to services, group parent support, child care assistance, housing, etc;
- **Leading Risk factor:**
  - Homelessness, no income, in need of public benefits
- **Next Follow Up TA Call: June 23, 2016 – CI Specialists and NJ 2-1-1**

# Information Sharing Workgroup

- **Purpose:** Strengthen communication throughout the state of EC systems, to reduce barriers from connecting families to services; to increase access to existing child health/wellness education and community resources to parents, professional and stakeholders within the state.
- **Target Audience:** Parents, Professionals, community stakeholders
- **Current focus:** Support important initiatives and strategize to promote workforce development trainings, bring community-based organizations to the table, updating websites to make them more user friendly, put more local resources on state sites, share resources for providers and families, promote public awareness and be family focused.
- **Fact Finding**
  - Existing Types of Communication
  - Health Messages and Topics
  - National Awareness Campaigns
  - Presentations
- **Parent Participation:** Welcomed
- **Meetings:** Monthly to Bi-monthly
- **Partners Participating:** DCF, DOH, DOE, DHS, SPAN, WIC, HV, CCYC, NJPL

# SurveyMonkey



Information Sharing Workgroup Topics Survey

Information Sharing Workgroup

The Information Sharing Workgroup, a sub group of the Infant-Child Health Committee (IHC) needs your input. We are planning on creating topic sheets for the specific topics listed below based on need and priority. The topic sheets will have talking points and they will be disseminated to the IHC partners.

1. Please provide your Name, Title, Organization and Email Address.

Name

Title

Organization

Email Address

2. Check One

Parent

Professional

3. Please rate the topics below from 1 to 10 that you feel the work group should focus on as a priority. Please let us know if you are a

- Survey has been created that will be forwarded to the IHC partners.
- Survey will determine the highest priority topic and program.
- Topic sheets will be created for specific topics and programs

# Learn The Signs. Act Early. Update

Deepa Srinivasavaradan

# Early Childhood Speed Networking Activity:

## Goal of the Activity

### Through this experience we hope that you will:

- ❖ Get to know another early childhood colleague in a program or service area you have not previously engaged.
- ❖ Learn about a new service area or program

### Making Connections Here and Beyond

- ❖ Think about how you can connect with this service area or program outside of the Infant-Child Health Committee (eg. participate in training, workgroup or promote services within your agency/program)

# Speed Networking

## Discussion points:

- Name
  - Agency
  - Title
  - Services provided:
  - Common challenges faced within your work:
  - Strategies you have used to address the challenge/barrier or suggestions or strategies you would like to explore.
- or
- Success in your work:
    - What strategies helped to make it successful?
    - What did you learn that you might do differently?

# Additional Partner Updates

# Thank you for participating!!!

Next Meeting

of the

## **Infant-Child Health Committee (ICHC)**

**Wednesday, September 21, 2016 9:00am-12:30pm**

DCF Professional Center, 30 Van Dyke Avenue

New Brunswick, NJ 08901

# “Learn The Signs. Act Early.” Update

Deepa Srinivasavaradan, Act Early Ambassador for NJ

Contact: (609)665-2696 or [deepas@spannj.org](mailto:deepas@spannj.org)

## Purpose

- The Centers for Disease Control and Prevention’s (CDC’s) “Learn the Signs. Act Early.” program aims to improve early identification of children with autism and other developmental disabilities so children and families can get the services and support they need as early as possible.

### Time Frame

Initial award in May 2014.

2-year ambassador term ended in April 2016 and re-awarded for another 2-year term ending in 2018.

### • Program Components

- Health Education Campaign
- Act Early Initiative
- Research & Evaluation

### • Population Served

- Families with children from birth to five years of age.

# State Team Accomplishments

- State point of contact for LTSAE
- Member of NJ's Act Early State Team
  - Parent-Led Screening Trainings
  - Screening Resources Webinar
  - Flow Charts & Magnets
- Collaboration with the Office of Childhood Programs (HMG/ECCS/Project Launch/Home Visiting/Race To The Top Early Learning Challenge) at NJ Department of Children & Families
  - Infant Child Health Committee Meeting – Information Sharing Workgroup
  - Help Me Grow Team/Forum

# State Team Accomplishments

- Customizing & Printing Act Early Materials
  - **Milestones Brochures with NJ-specific resources** in both English and Spanish. Help Me Grow/NJ 2-1-1 phone line included for Fall implementation phases. **Featured in NJ AAP Pediatric magazine**
  - **Help Me Grow Child Developmental Passport** to be disseminated along with Milestones Booklets
- Northeast Regional Act Early Summit (CT May 2015)
- Several Webinar Presentations highlighting the work around early screening in NJ
- Participated in a reaction panel following CDC's Public Health Grand Round on Addressing Health Disparities in Early Childhood

# Current Focus and Stakeholder Opportunities

**Promote the integration of LTSAE materials into the work of NJ's programs serving young children and their families, including Home Visiting and WIC programs to improve early screening and diagnosis.**

## **Partners Participating:**

- Act Early State Team – Boggs Center, NJ's UCEDD
- NJ Department of Children and Families – Office of Early Childhood Services (Help Me Grow, Early Childhood Comprehensive Systems, Race to the Top Early Learning Challenge, Home Visiting, Project Launch)
- Stakeholders participating in the Statewide Community of Care Consortium & Infant Child Health Committee meetings

# How Can You Support?

- **Get Involved to Help Raise Awareness**

<http://www.cdc.gov/ncbddd/actearly/getinvolved.html>

- **Partner with your Act Early Ambassador**

Contact Deepa at (609)665-2696 or [deepas@spannj.org](mailto:deepas@spannj.org)

- Programs can order or print free CDC materials and distribute them to the populations they serve. Programs can also customize and/or translate materials to meet the needs of the populations they serve. Visit:

<http://www.cdc.gov/ncbddd/actearly/freematerials.html>

- **Promote awareness of free online training curriculums**

Autism Case Training for Health Care Professionals:

<http://www.cdc.gov/ncbddd/actearly/act.html>

Watch Me! Training for Early Child Care providers:

<http://www.cdc.gov/ncbddd/watchmetraining/index.html>

- **Direct families and professionals** to HMG Central Phone Line 2-1-1 or Statewide Parent Advocacy Network (SPAN) at 800-654-7726

## Learn the Signs. Act Early.

**T**he journey of your child's early years includes many developmental milestones for how he or she plays, learns, speaks, and acts.

Look inside to learn what to look for in your child. Talk with your child's doctor about these milestones.

Not reaching these milestones, or reaching them much later than other children, could be a sign of a developmental delay.



For more information about your child's development and what to do if you have a concern, visit:

NJ Early Intervention  
(ages 0 to 3 years)  
888-653-4463

Project Child Find (ages 3 to 21)  
800-322-8174

SPAN  
[www.SPANadvocacy.org](http://www.SPANadvocacy.org)  
800-654-7726

Developmental milestones adapted from Caring for Your Baby and Young Child: Birth to Age 5 (AAP, 2009) and Bright Futures: Guidelines for Health Supervision of Infants, Children, and Adolescents (AAP, 2008).

## YOU KNOW YOUR CHILD BEST.

If you are concerned about your child's development, talk to your child's doctor.

If you or the doctor is still concerned, ask the doctor for a referral to a specialist and call **1-800-CDC-INFO** to learn how to get connected with your state's early childhood system to get the help your child might need.

## DON'T WAIT.

Acting early can make a real difference!



220787

# Track Your Child's Developmental Milestones



Your child's early development is a journey. Use this map of milestones to know what to look for along the way.  
For parents of children from birth to 4 years



Statewide Parent  
Advocacy Network



NJ's Early Childhood  
Comprehensive Systems

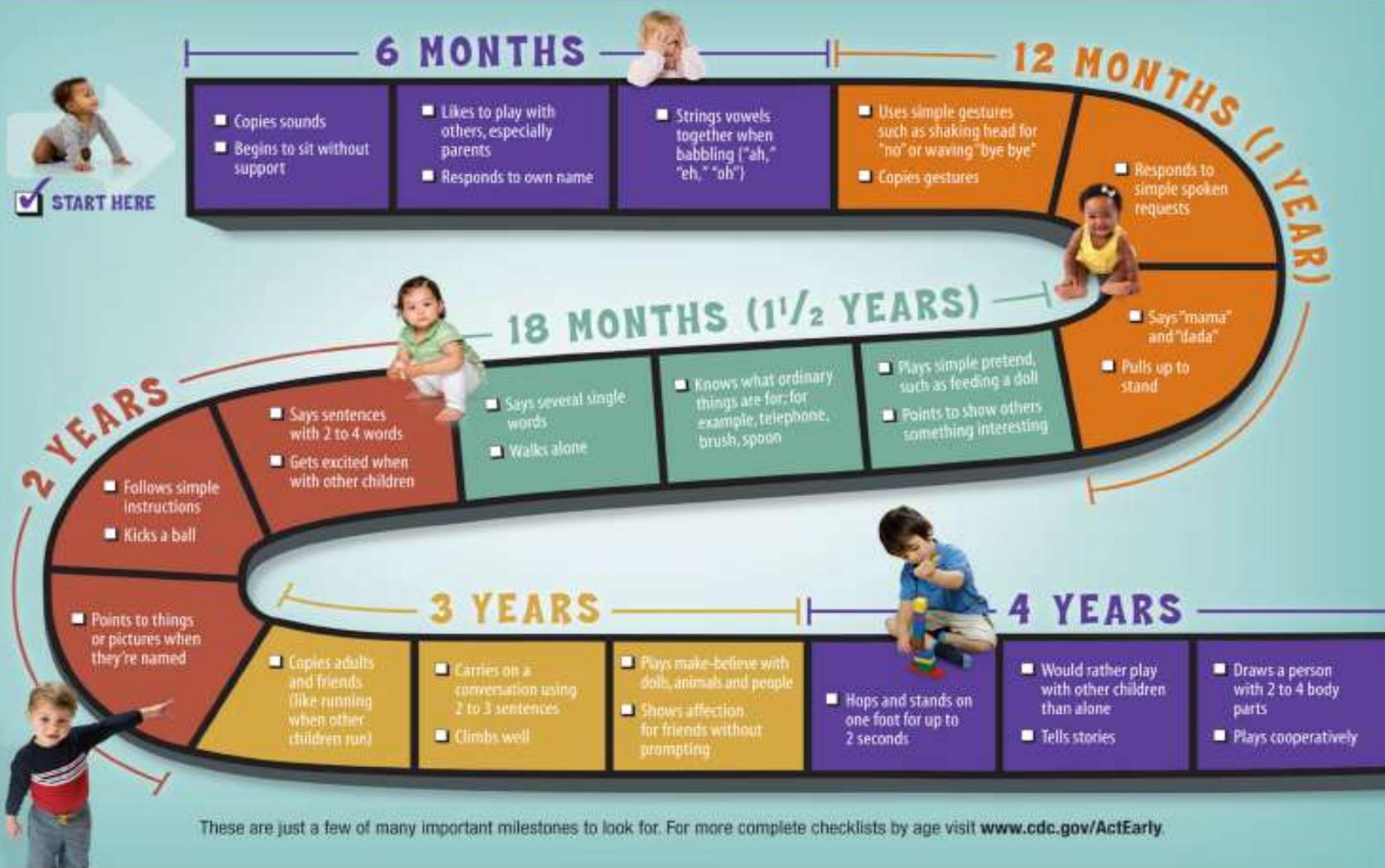
Help Me Grow  
New Jersey



Learn the Signs. Act Early.

# Your Child's Early Development is a Journey

Check off the milestones your child has reached and share your child's progress with the doctor at every visit.



These are just a few of many important milestones to look for. For more complete checklists by age visit [www.cdc.gov/ActEarly](http://www.cdc.gov/ActEarly).

Aprenda los signos. Reaccione pronto.

**E**l recorrido de su niño durante los primeros años de vida incluye muchos indicadores del desarrollo que su niño debe alcanzar para jugar, aprender, hablar y actuar.

Lea adentro para que sepa qué debe observar en su niño. Hable con el médico de su niño acerca de los logros.

No alcanzar estos indicadores o alcanzarlos mucho más tarde que otros niños, podría ser una señal de problemas en el desarrollo de su niño.



Para obtener más información sobre el desarrollo de su niño y saber qué hacer si algo le preocupa, visite:

Intervención Temprana NJ  
(Edades de 0 a 3 años)  
888-653-4463

Proyecto Identificando Niños  
(Edades 3-21)  
800-322-8174

SPAN  
[www.SPANadvocacy.org](http://www.SPANadvocacy.org)  
800-654-7726

Indicadores del desarrollo fue adaptado de Caring for Your Baby and Young Child: Birth to Age 5 (AAP, 2009) y Bright Futures: Guidelines for Health Supervision of Infants, Children, and Adolescents (AAP, 2006).

### USTED LO CONOCE MEJOR QUE NADIE.

Si el desarrollo de su niño le preocupa, hable con el pediatra.

Si usted o el pediatra siguen preocupados, pídale al médico que lo envíen a consulta con un especialista y llame al **1-800-CDC-INFO** para que le indiquen cómo ponerse en contacto con el sistema de intervención infantil temprana de su estado para obtener la ayuda que su hijo pueda necesitar.

### NO ESPERE.

¡Actuar temprano puede hacer la diferencia!



## Siga de Cerca los indicadores del Desarrollo de Su Niño



El desarrollo de su niño durante los primeros años es un camino por descubrir. ¡Use esta guía de indicadores para informarse acerca de lo que debe buscar en el camino! Para padres de niños de 0 a 4 años de edad.



Statewide Parent  
Advocacy Network



NJ's Early Childhood  
Comprehensive Systems

Help Me Grow  
New Jersey



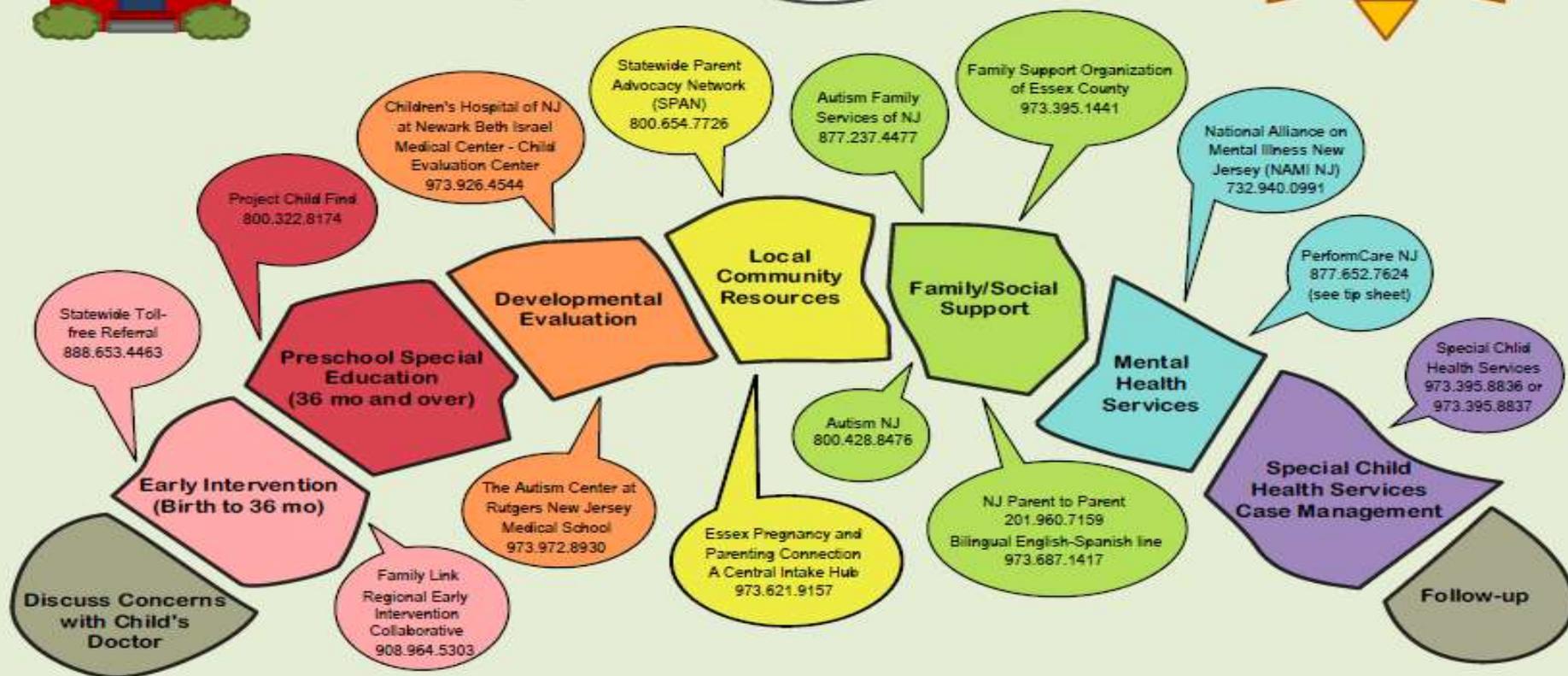
Aprenda los signos. Reaccione pronto.

# County-specific Flow Charts: Early Child Care Staff



## THE NEXT STEPS

WHEN DEVELOPMENTAL CONCERNS ARE IDENTIFIED



## The Next Steps

New Jersey

# When Developmental Concerns are Identified

### Discuss Concerns with Your Child's Doctor

If you or your child's primary caretaker has noticed that your child has not reached age-appropriate milestones, ask your child's doctor or nurse practitioner for a referral to a specialist. During your appointment, you should also bring up any vision, hearing, or dental concerns.

### Contact Early Intervention (Birth to 3 years old)

The Early Intervention System is the primary point of entry for health and social services. The statewide toll-free number (888-653-4463) will connect you to someone who will guide you through the enrollment process.

### Contact Preschool Special Education (3 to 5 years old)

Your local school district can give you information on transition planning, school placement and more. The New Jersey Department of Education, Office of Special Education Programs (609-292-4469) and Project Child Find (800-322-8174) provide information about special education programs throughout the state.

### Schedule a Developmental Evaluation

An evaluation team will assess your child for developmental delays, make a diagnosis if needed, and recommend a treatment plan. To find out about Child Evaluation Centers near you, contact 609-777-7778 or visit: <http://www.state.nj.us/humanservices/ddd/home/ooanjcec.html>

### Connect with Local Community Resources

Community Resources include advocacy groups, parent workshops, and recreational programs. You may contact the Statewide Parent Advocacy Network (SPAN) at 800-654-7726 to learn more about what's available in your community.

### Find Family/Social Support

Consider joining a support group or connecting with other parents to share experiences and resources. Some organizations that can help you get started include: NJ Parent to Parent (201-960-7159), Mom2Mom (877-914-6662), The Family Resource Network (800-376-2345), and Autism New Jersey (800-428-8476). You can also get in touch with your county's Family Support Organization (FSO). To find your county's FSO visit: [www.state.nj.dcf/families/support/support](http://www.state.nj.dcf/families/support/support)

### Mental Health and DD Services

PerformCare NJ (877-652-7624) connects children and their families to a variety of behavioral health and developmental disability services.

### Contact Special Child Health Case Management

Your county's Special Child Health Services (SCHS) Case Management Unit will create an individual service plan to address your child's medical, educational, developmental, social, and economic needs. To find your county's Special Child Health Services Case Management Unit, contact 609-777-7778 or visit: <http://www.state.nj.us/health/fhs/sch/sccase.shtml>



**Follow Up!** Keep in touch with your child's pediatrician, case manager, child care provider(s), and teacher(s).

Los pasos  
siguientes para  
*New Jersey*

## Cuando se detectan problemas de desarrollo

### Comente sus inquietudes con el médico de su hijo

Si usted o el cuidador de su hijo detectan que su hijo no ha alcanzado los hitos adecuados para su edad, pídale al pediatra o a la enfermera practicante de su hijo una remisión para un especialista. Durante la cita, también debería comentar cualquier inquietud relacionada con la vista, el oído o los dientes.

### Comuníquese con el Sistema de Intervención Temprana (del nacimiento a los 3 años de edad)

El Sistema de Intervención Temprana (Early Intervention System) es el punto principal de acceso a servicios sociales y médicos. El número estatal gratuito (888-653-4463) le comunicará con alguien que le guíe por el proceso de inscripción.

### Comuníquese Educación Preescolar Especial (de 3 a 5 años de edad)

Su distrito escolar local puede darle información sobre planificación de la transición, asignación a una escuela y mucho más. New Jersey Department of Education, Office of Special Education Programs (609-292-4469) y Project Child Find (800-322-8174) proporcionan información sobre programas de educación especial en todo el estado.

### Programe una evaluación de desarrollo

Un equipo de evaluación examinará a su hijo para detectar problemas de desarrollo, obtener un diagnóstico de ser necesario y recomendar un plan de tratamiento. Para información sobre Child Evaluation Centers cercanos, comuníquese con 609-777-7778 o visite: <http://www.state.nj.us/humanservices/ddd/home/ooanjcec.html>

### Conéctese con recursos comunitarios locales

Los recursos comunitarios incluyen grupos de defensa, talleres para padres y programas recreativos. Puede comunicarse con Statewide Parent Advocacy Network (SPAN) al 800-654-7726 para obtener más información sobre qué hay disponible en su comunidad.

### Obtenga apoyo familiar/social

Considere unirse a un grupo de apoyo o ponerse en contacto con otros padres para compartir experiencias y recursos. Algunas de las organizaciones que pueden ayudarle a empezar son: NJ Parent to Parent (201-960-7159), Mom2Mom (877-914-6662), The Family Resource Network (800-376-2345), Autism New Jersey (800-428-8476). También puede comunicarse con Family Support Organization (FSO) de su condado. Para encontrar la FSO de su condado, visite: [www.state.nj.dcf/families/support/support](http://www.state.nj.dcf/families/support/support)

### Salud mental y servicios para discapacidades del desarrollo

PerformCare NJ (877-652-7624) conecta a niños y sus familias con una variedad de servicios para salud del comportamiento y discapacidades del desarrollo.

### Comuníquese con un servicio de administración de casos especiales de salud infantil

Special Child Health Services de su condado creará un plan de servicio individualizado para abordar las necesidades médicas, educativas, de desarrollo, sociales y económicas de su hijo. Para encontrar la unidad Special Child Health Case Management Unit de su condado comuníquese con el 609-777-7778 o visite: <http://www.state.nj.us/health/fhs/sch/sccase.shtml>

 *Haga un seguimiento!*

Manténgase en contacto con el pediatra, administrador de casos y los profesores y proveedores de atención médica de su hijo.